

You have the right to be safe.



You are entitled to Police Protection.

If you are experiencing physical violence and/or threats of physical violence from your partner, you are entitled to police protection.

For immediate Police attendance
(in a violent or potentially life-threatening situation)

Telephone 000

For Urgent Police Attendance (in a non life-threatening situation)

Telephone 131 444

If you require a Restraining Order, you can contact a Child and Family Investigation Unit (CFIU) within the Police Department.

What to take with you when you leave

- > Irreplaceable Personal Items eg Photographs
- > Jewellery & Valuables
- > Favourite Toys & Books for Children
- > House Keys/Car Keys
- > Medications/Prescriptions
- > Birth Certificates/Marriage Certificates
- > Bank Books (including joint accounts)
- > Cheque Books/Credit Cards
- > Cash
- > Pension Cards
- > Drivers Licence

Agencies who can also Assist

LEGAL

- 8207 9292 Legal Services Commission
- 8221 5553 Women's Legal Services
- 8281 6911 Northern Community Legal Services

COUNSELLING & SUPPORT SERVICES

- 8231 5626 Victim Support Service
- 8252 9900 Playford Community Health Centre
- 8521 2080 Gawler Health Service
- 8281 7644 Salisbury West Community Health Centre
- 8252 3711 Northern Women's Community Health Centre
- 8254 1937 Anglicare
- 8250 3694 Centacare

Is your relationship abusive?

Are you thinking of leaving or have you left?



A step by step Guide for Women

Produced by
Northern Domestic
Violence Action Group

If you are thinking about leaving (or have just left) an abusive relationship, and need information or assistance to access urgent ACCOMMODATION your first point of contact is:

Domestic Violence Crisis Service (DVCS)

Telephone: 1300 782 200

DVCS can:

- > Help you and your children access immediate and safe accommodation
- > Provide free and confidential information about housing options, Restraining Orders, Centrelink Entitlements, and where to get legal advice
- > Provide counselling over the phone if you just want to talk to someone about your situation
- > Help you access emergency food and transport

You may also need to contact

South Australian Housing Trust (SAHT)

Telephone: Gawler 8522 0100
 Elizabeth 8256 0811
 Salisbury 8259 1400

SAHT may:

- > Provide you with bond and up to 2 weeks rent in advance
- > Pay rent arrears, and
- > Assist SAHT tenants (even if the lease is in your partner's name) to apply for a Category 1 Housing Transfer. If you have already left the home, such application must be made within 6 months of vacating.

You will need:

- > To phone SAHT for an appointment (and advise staff of urgency)
- > To provide verification of domestic violence (this can be provided by DVCS, Police, or a Counsellor from another agency)
- > To Provide proof of income and identification



If you need Financial Assistance (due to domestic violence)

Contact Centrelink
Telephone: 131 021 (all areas)

Centrelink can:

- > Advise or assist you with Benefit entitlements
- > Discuss a "Crisis Payment" if you notify them within 7 days of leaving your home, and
- > Assist with an advance payment on your Benefit

You will need to take:

- > Verification of domestic violence (DVCS, Police or Counsellor, etc)
- > Identification

You may also receive assistance from...

Children Youth and Family Services (CYFS)

Telephone: Gawler 8521 4444
 Elizabeth 8207 9000
 Salisbury 8209 4910

CYFS may be able to assist with:

- > Money to buy food, transport, clothing, furniture removal and storage, and
- > Financial Counselling, to help pay your bills

You will need to take:

- > Verification of domestic violence (DVCS, Police, Counsellor, etc)
- > Centrelink Income Statement

If you have any problems accessing any of the above services, contact:



Northern Domestic Violence Service (NDVS)

Telephone: 8255 3622

NDVS is a *specialist domestic violence service*, dedicated to assisting women in the Northern Adelaide Region with any matter relating to domestic violence.