

# IS YOUR RELATIONSHIP RESPECTFUL?

## HEALTHY RELATIONSHIPS

- Are safe
- Resolve conflict through communication and negotiation
- Make room for compromise
- Accept you saying No
- Include acknowledgment and apology for mistakes
- Encourage you to be yourself
- Take into account your feelings and opinions
- Encourage you to be the best you can be
- Embrace your connection to family and choice of friends
- Value your culture, beliefs and practices
- Allow the relationship to end with dignity and safety



IF YOU WANT TO TALK ABOUT YOUR RELATIONSHIP, CONTACT

**Northern Domestic Violence Service, 8255 3622**  
12 Chivell St, Elizabeth South

For confidential telephone counselling for  
Domestic Violence and Sexual Assault matters,  
**1800 RESPECT (1800 737 732)**